Table of Contents

Blue Light Filter on Wayland		2
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Blue Light Filter on Wayland

Using a blue-light filter makes it easier to look at a computer screen late into the night.

I previously described how to use redshift on classic X11 in this article: Blue Light Filter using Redshift.

However, a redshift doesn't work with wayland based windowing systems like sway (based on wl roots).

An alternative program that works in (practically) the same way is called gammastep.

Just like redshift, to enable the filter with a set color temperature:

gammastep -0 4500 &

Where 4500 is the desired color temperature (4500k in this case).

To disable, just run

gammastep -x

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